OURS™

www.oursdvd.co.nz

WAYS WITH WASTE

Kindle Films Limited trading as Red Heke Productions™

How we do or don't waste has a big impact on our environment. It is important that we change our ways and teach our children all about this.

REDUCE

- Avoid goods with packaging that can't be recycled
- Use cloth shopping bags
- Put a No Junk Mail sign on your mailbox
- Turn power and water off when you aren't using it
- Recharge batteries
- Buy durable goods not disposable ones
- Buy local goods – less travel = reduced pollution
- Make your own household cleaners (www.sustainablehouseholds.org.nz) for cheap, effective, environmentally friendly recipes.
- Buy recycled products
- Collect the water you run off before your shower gets hot!
- Is it necessary to flush every time?
- Email instead of paper post

REUSE

- If you don't want it, someone else might = reuse/op shops
- Repair if you can, not replace
- Refill containers, use for other purposes
- Does a local school need your yoghurt pots?
- Reuse envelopes and packaging
- Think creatively – loo rolls for seedlings, all sorts for artworks – have a scarecrow competition? build the craziest robot?

RECYCLE

- What can be recycled in your area, set up a good bin system at home
- Organic material = compost/worm farm/ EM Bokashi – not landfill
- Make your own paper

ZERO-WASTE

- Clean chippie packets, wrappers, plastic packaging – all the stuff that can't be reused or recycled. Stuff into clean tetrapaks or bread bags to make solid "bricks".
  Be creative and build with them – paper mache overtop – or put in your rubbish bag as bricks, they take up much less space = saves you money.

If you have a space to set up bins for recycling and zero-waste, you'll find everyone soon gets the hang of it and it's a lot of fun. It can be a family occasion!

A container with lid on kitchen bench for food scraps and a method for composting … it's not hard and it makes a big difference.

Set family challenges to use less rubbish bags. Run inter-family competitions for who sends the least to the landfill.